

Continuity of Support  
Leading to Positive Outcomes.

A 3 Stage Process



progressivecare



# Transitional Support to Independence

Young People 16+

Adults 18+

Pathways™



## Overview

Innovative 3 Stage Transitional Process

Continuity of Support

Training and Therapeutic Services

Person Centred Planning

## A Positive Transition to Independence & Adult Life : A 3 Stage Process

### Case Study

*J was moved in to our (stage 1) Enhanced Supported Living Service in 2012 with a clear Pathway Plan. J had no family or friends in the area but with support of staff engaged really well. As a result J attended all key work sessions which enabled him to build good relationships and develop his independent living skills.*

*J also gained in confidence and with support and encouragement from staff J enrolled in college.*

*As a result of J's progress, he recently moved to (stage 2) Core-Semi Supported Living. With the continued level of support in line with his Pathway Plan J has gone on to develop his independence skills whilst in his second year of college studying business.*

*Throughout his stay he has been supported in his sporting activities and is now awaiting football trials with Leicester City.*

*J is currently being assessed for Independent Living (stage 3).*

Progressive Care is a specialist independent provider of transitional support services and accommodation for young people aged **16+ to adults**.

Our unique and innovative range of complimentary support services provide an effective 3 staged transition to adult life, making the bridge to independent living more achievable for the young people we support. Transition is facilitated through continuous assessment and is underpinned by the services of our in-house Training and Therapeutic Centre.

**The 3 Stages consist of:**

- **Stage 1 - Enhanced Supported Living aged 16 - 18**
- **Stage 2 - Core Semi Supported Living aged 16 - 18**
- **Stage 3 - Independent Living aged 18+ with Floating Support**
- **All of which are underpinned by our Training and Therapeutic Centre**

# stage 01

- Assessment
- Pathway Planning
- Higher Levels of Support
- Environments Fit for Purpose

## Enhanced Supported Living Aged 16 - 18



A specialist, tailored service for young people aged 16+ moving on from residential or foster care. We at Progressive Care understand that this stage in a young person's life can be daunting.

Our service is flexible but yet targeted in meeting the specific needs of young people at this vulnerable time. We enable a positive transition to independent living through:

- **Assessment of Independence Skills**
- **Person Centred Planning**
- **Support Tailored to Pathway Plan**
- **Realistic Goals Regularly Reviewed**
- **Being Outcomes Focussed**

### Accommodation

- **1 Bedroom Apartments**
- **Group Living**

### Staffing

- **High Levels of Support in-line to meet Individual Pathway Plan**
- **24 Hour On-Site Support**
- **On Call Senior Manager**

**“ L has benefitted greatly from the work staff have been doing in terms of producing a clear support plan, helping her maintain focus and motivation to achieve her identified goals. ”**

(Personal Adviser, 16+)

# stage 02

- Quality Environments
- Safe and Secure
- 24 Hour Support
- Fall-back Support from Enhanced Service

## Core Semi-Supported Living Aged 16 - 18

This Core group living service provides the next transitional step to independent living from the Enhanced service, offering continuity and flexibility for young people.

With the peace of mind of having fall-back support from the Enhanced service, support is tailored to meet the individual needs as direct result of goals being achieved.

### Accommodation

- **Group Living**
- **Safe and Secure Settings**

### Staffing

- **24 Hour Staff Support**
- **Support delivered to reflect an assessed lower level of need**
- **On Call Senior Manager**



**“ I have always found the service we receive to be excellent. The support they give young people is of the best quality and all the young people we have placed there have given positive feedback. ”**

(Action for Children)

- Maintaining their Tenancy
- Reducing the Risk of Eviction
- Reducing the Risk of Homelessness and Poverty
- Fall-back Support

## Independent Living with Floating Support Aged 18+



Reasonable parents would not want their children to be left on their own and unsupported when they leave their family home. Therefore, if required, they would provide whatever levels support needed to ensure that their children are given every possible chance to succeed in their transition to independence and adulthood.

### CQC Registered Floating Support Service

Having been supported through the previous 2 stages, our stage 3 is delivered through our CQC registered Floating Support Service.

Through a quality assessment framework we provide packages of support hours to enable young people to be assisted in the development of their own life plan and where they will be encouraged to make independent choices, learn from experience and to be a confident and active member of the community.

### Accommodation

- Independent Tenancies
- Quality Group Living
- Safe and Secure Settings
- Acceptance of Housing Benefit

**“ I would like to take this opportunity to thank you for your continued support and hard work to help C reach her full potential. ”**

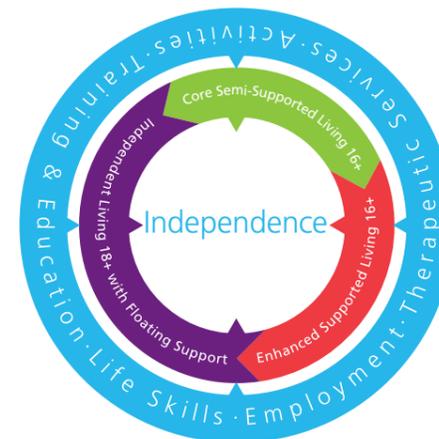
(Personal Advisor 16+)

## Training and Therapeutic Services

- Life Skills
- Training & Education
- Employment
- Therapeutic Services
- Activities

## Underpinning the 3 Stages of Transition

Throughout the 3 Staged transitional service our Training and Therapeutic provision plays an integral part where in-house expertise is available to provide advice, support and direction to Young People to ensure every possible life's chances are given on their transition to independence and adulthood.



### Life Skills

- Applying for Benefits or Grants
- Paying Bills
- Managing Money
- Cooking
- Personal Hygiene
- Domestic Hygiene
- Accessing Housing

### Therapeutic Services consisting of

- Doctor of Education
- Doctor of Psychology
- Educational Psychologist
- Behaviour Specialist
- Social Workers
- Counsellors

### Training & Education

- ASDAN Accredited Centre
- Edexcel Accredited Centre
- Courses delivered in Partnership with Colleges
- Established links with other Training Providers
- Established links with The Princes Trust

### Employment

- Search for a Job
- CV Writing and Application Form Filling
- Preparing for Interview
- Apprenticeships
- Working in Partnership with Job Centres



# Positive Transition to Independence

South Yorkshire – Derbyshire

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